

Support Rehab at School

From teachers to students there are a lot of fun ways you can help Rehab by fundraising! Some ideas can be done together on the same day e.g. 'Selling Rehab pens' and a 'Theme Day' or for the younger kids a 'Sponsored Silence' and a 'Jellybean Count'. Take a look at the list below and choose what you like best.

Cake Sale

Organise your very own cake sale and encourage students and fellow teachers to bake some delicious treats. Not only will it help support Rehab but it's fun and will taste yummy.

Second Hand Sale

Always a great opportunity for parents to a spot of spring cleaning. Root out those old books, cds, video games or even dvds that have been gathering dust and sell them to your class mates all in aid of Rehab. All you need to do are fliers and posters to advertise prior and to ensure your friends and family come along.

Sell Rehab Pens

You can sell Rehab pens at €2 each to your classmates. Not only are they helping to support Rehab but they're have a pen so big that they'll never loose it in their school bags.

Walk-a-thon

You can help raise much needed funds for Rehab by organising your own Walk-a-thon. Just ask your friends, family and teachers to sponsor you per mile for the day. We will supply you with a sponsorship card and a t-shirt.

Raffle

Hold a raffle in aid of Rehab and the winner could win a hamper. Place the hamper in a public place and ask people to book a ticket for €2 or 5 tickets for €5.

Theme Days

This is a fun and engaging way to fundraise in a school. It can be anything e.g. having the teachers wear the school uniform for the day or the students wearing their school uniforms back to front. In order to participate they would be asked to donate €2 to Rehab.

No homework day

Teachers can choose what day it is but students must donate €2 to Rehab.

Table Quiz

To organise a table quiz you will need first of all about 6 rounds of questions on everything from history to sport. Secondly you will need prizes for the top 3 winning teams. And thirdly you will need teams, to do this it is important to advertise locally by placing posters in the school, local supermarket, shops and the library. Teams can pay an entry fee of €4 and we can supply you with pens for the quiz.

Sponsored Silence

This would probably work best with the small kids as they would struggle the most to stay quiet. Students can get sponsored for every minute they stay quiet. It can happen anywhere and last as long as you like.

Mad Hair Day

Students donate €2 to come to school for one day with 'mad' hairstyles.

Jellybean count

It doesn't have to be jelly beans it can be any sort of sweet or chocolate. All you have to do is fill a large jar of sweets and ask each student to write their name, class and their guess on how many sweets they think are inside on a form beside the jar. They must donate €2 per guess. It's quite simple really the student that guesses the closest to the correct answer wins the jar of sweets.

School Idol

Hold a karaoke event 'X Factor' style or a 'Battle of the Bands' competition. The teachers can be judges and the pupils the performers or it can be the other way around! Charge friends and family entry fee of €5 to come and watch the competition. Award the top 3 performers prizes.

Sponsored Dance

Organise a school disco where participants are sponsored for every hour they stay on the dance floor. We can supply you with Rehab t-shirts and sponsorship cards and arrange for an online fundraising page to be set up for your school.

Supermarket Bag Packing

Contact your local supermarket and offer your bag packing skills in aid of Rehab. We will supply you with t-shirts and buckets. The first step is to ask your local supermarket permission to do and agree a day. Then secondly you must contact your local garda station for a permit so that you can collect at that supermarket.

Loose Change

Ask your fellow students to donate any loose change that they don't want to Rehab. We will supply you with buckets and t-shirts.

Car Wash

This is more suitable during the summer months. It can take place in the school car park and the students/ teachers can wash a car in return for a €5 donation towards Rehab. We will supply you with High Visual jackets, Rehab t-shirts and collection buckets.

Art competition

Approach a local art teacher or a local artist and ask them to judge the schools art competition. Encourage students to paint a picture based on a particular theme e.g. local town. Ask participants to donate €2 to enter the competition. Award prizes for the top 3 budding artists.